

## Bike Trail Fourmile Travel Management Area



**The Colorado Midland Railroad** provided the Upper Arkansas Valley passenger and freight service from 1887 until 1918. Much of the Midland Bike Trail follows the old grade which remains virtually intact since the removal of its rails and ties.

A triumph of engineering, the Midland held the descent from Trout Creek Pass into the Arkansas Valley to a maximum of 1.65%. The route stayed high on the northern side of the Trout Creek Canyon using sidehill construction, cuts, fills and large wooden trestles thrown across tributary gulches. Today, mountain bikers and hikers must follow four specially constructed steep detours circumventing missing trestles. Several are being rerouted in 2015.

On April Fool's Day 1908 a passenger train speeding upgrade from Buena Vista saw the wooden Shield's Gulch trestle on fire! The crew applied the brakes and jumped. The locomotives crashed through the blazing structure, but the rest of the train came to a stop, poised on the brink. No one was seriously injured.

Buena Vista's Midland Depot was nearly 400 feet above the town, high on Midland Hill. The Colorado Midland Stage carried passengers from the depot to the town via a steep and winding route down to the Arkansas River, and across it on an old stage bridge. This stage line is now the central segment of the Whipple Trail.

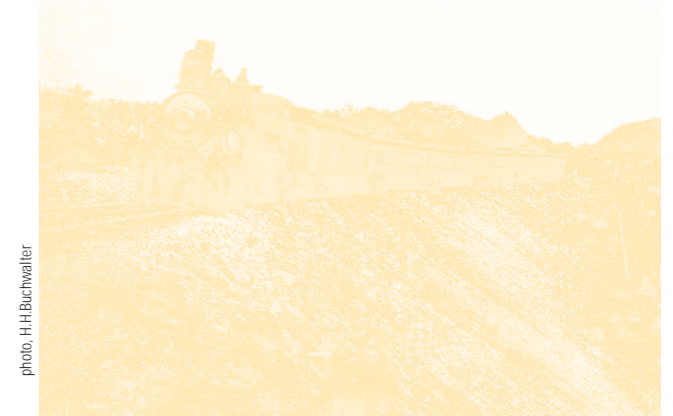


photo: H.H. Buchweller

**The Midland Bike Trail**, established in 1991, extends about 18.8 miles between Trout Creek Pass and Buena Vista at the Arkansas River. It is best to be dropped off at the eastern Trout Creek Trailhead and be met in Buena Vista when riding the full route. (Other options on reverse side.) Minimum ride time is about 3 hours in the downhill direction. The profile below illustrates the full route east to west. Although primarily a downhill ride suited to beginning and intermediate riders, the central section over the Lenhardy Pass requires high fitness, and has some steep rocky sections and long downhills where speed must be controlled. On the old RR grade from Shields Gulch to CR 304, the route is mostly wide and gentle but is interrupted by four steep singletrack detours (see Midland Trail Out and Back on reverse). Several of these are being rerouted in 2015.



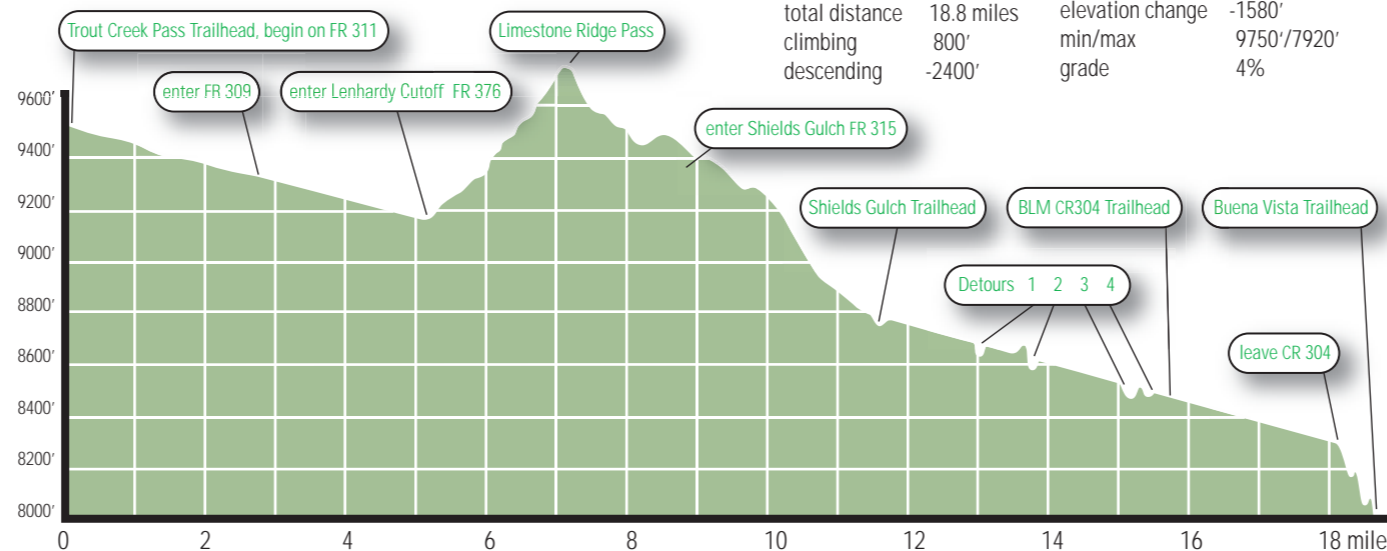
photo: Alan Robinson

**Trail advice** All routes described are usually open from April through November and can often be ridden between snowfalls December through March – ask locally. Temperatures in the summer can be hot, so begin rides early and take plenty of water. Bicyclists share the route with motorized vehicles on most sections, so exercise caution and respect the rights of others. Always yield to horses; slow down and speak up when approaching hikers. Please stay on designated trails and roads. In addition to the Midland Bike Trail, the Fourmile area has dozens of other options for cyclists on wide but unmaintained Forest Roads – see map on reverse, and also refer to the Fourmile Travel Management brochure.

The Bureau of Land Management, US Forest Service and Friends of Fourmile patrol the area regularly. They can answer questions and advise on responsible use of the area.

### Elevation and distance statistics

total distance	18.8 miles	elevation change	-1580'
climbing	800'	min/max	9750'/7920'
descending	-2400'	grade	4%



Downloadable map at  
[www.friends-of-fourmile.org](http://www.friends-of-fourmile.org)



**Expect and respect  
other users!**

### To report a violation or for information

US Forest Service, Salida Ranger District  
San Isabel National Forest  
719 539-3591

Arkansas Headwaters Recreation Area, Salida  
719 539-7289

Bureau of Land Management  
Royal Gorge Field Office, Cañon City  
719 269-8500

### Fire or other emergency 911

To join, volunteer or to make a donation  
Friends of Fourmile, a GARNA chapter  
719 539-5106 [www.friends-of-fourmile.org](http://www.friends-of-fourmile.org)

**Download** the Midland Bike Trail map  
[www.friends-of-fourmile.org](http://www.friends-of-fourmile.org)

**Recycle** this brochure in kiosk boxes, please.



